

the gift of relaxation

MASSAGE THERAPY | AESTHETICS

personal information

last name _____ first _____ middle initial _____

address _____

city _____ state _____ zip _____ date of birth _____ age _____

email address _____

occupation _____ best number to reach you _____ referred by _____

emergency contact name _____ relationship to you _____ emergency cocntact phone _____

First Time Receiving A Massage? YES NO

Primary reason for your visit: _____

List any current medications/supplements: _____

Please list all recent or past injuries / medical conditions with approximate dates: _____

current medical conditions

Please check all that apply, and explain in the space provided. Check here if NO to all

| | | | |
|--|-------|--|-------|
| allergies <input type="checkbox"/> | _____ | high blood pressure <input type="checkbox"/> | _____ |
| arthritis <input type="checkbox"/> | _____ | neck / spine injury <input type="checkbox"/> | _____ |
| cancer <input type="checkbox"/> | _____ | phlebitis <input type="checkbox"/> | _____ |
| chronic back pain <input type="checkbox"/> | _____ | pregnancy <input type="checkbox"/> | _____ |
| diabetes / hypoglycemia <input type="checkbox"/> | _____ | skin disorders <input type="checkbox"/> | _____ |
| fever <input type="checkbox"/> | _____ | varicose veins <input type="checkbox"/> | _____ |
| frequent headaches <input type="checkbox"/> | _____ | other <input type="checkbox"/> | _____ |
| seizures <input type="checkbox"/> | _____ | other <input type="checkbox"/> | _____ |
| heart problems <input type="checkbox"/> | _____ | other <input type="checkbox"/> | _____ |

Are you currently under the care of a health professional? YES NO

health care provider's name _____ health care provider's phone number _____

patient signature _____ date _____

Tamara Cosby

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